

## IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

Winding Waters PWS ID 3424691 found elevated levels of lead in drinking water in some homes/buildings. Lead can cause serious health problems, especially for pregnant women and young children. Please read this information closely to see what you can do to reduce lead in your drinking water.

### Health Effects of Lead

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones, and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

### Sources of Lead

Lead is a common metal found in the environment. Drinking water is one possible source of lead exposure. The main sources of lead exposure are lead-based paint and lead-contaminated dust or soil, and some plumbing materials. In addition, lead can be found in certain types of pottery, pewter, brass fixtures, food, and cosmetics. Other sources include exposure in the workplace from certain hobbies (lead can be carried on clothing or shoes). Lead is found in some toys, some playground equipment, and some children's metal jewelry.

Brass faucets, fittings, and valves, including those advertised as "lead-free", may contribute lead to drinking water. The law currently establishes the definition for "lead-free" as the weighted average of 0.25% lead calculated across the wetted surfaces of a pipe, pipe fitting, plumbing fitting, and fixture and 0.2% lead for solder and flux. NSF International certifies plumbing products; consumers may wish to visit their website at [www.nsf.org](http://www.nsf.org) or call 800-NSF-MARK for information when choosing plumbing.

The water source for The Winding Waters Public Water System is groundwater wells that do not contain lead. Additionally, the water mains used to carry the water from the treatment plant to your homes do not use lead piping. When water is in contact for several hours with pipes [or service lines] or plumbing that contains lead, the lead may enter the drinking water. Homes built before 1986 are more likely to have plumbing containing lead. New homes may also have lead; even "lead-free" plumbing may contain some lead.

EPA estimates that 10 to 20 percent of a person's potential exposure to lead may come from drinking water. Infants who consume mostly formula mixed with lead-containing water can receive 40 to 60 percent of their exposure to lead from drinking water.

Lead is not only found in drinking water; other sources of lead include paint, dust, and soil. Wash your children's hands and toys often, as they can come into contact with dirt and dust containing lead.

### Steps to Reduce Your Exposure to Lead in Drinking Water

1. Run your water to flush out lead. If water hasn't been used in several hours, run water for 15-30 seconds [or insert a different flushing time if your system has representative data indicating a different flushing time would better reduce lead exposure in your community or facility and if the Department approves the wording] or until it becomes cold or reaches a steady temperature before using it for drinking or cooking. This flushes lead-containing water from the pipes.

2. Use cold water for cooking and preparing baby formula. Do not cook with or drink water from the hot water tap; lead dissolves more easily into hot water. Do not use water from the hot water tap to make baby formula.
3. Do not boil water to remove lead. Boiling water will not reduce lead.
4. Look for alternative sources or treatment of water. You may want to consider purchasing a water filter or bottled water. Read the package to be sure the filter is approved to reduce lead or contact NSF International at 800-NSF-MARK or [www.nsf.org](http://www.nsf.org) for information on performance standards for water filters. To help maximize water quality, be sure to maintain and replace a filter device in accordance with the manufacturer's recommendations.
5. Test your water for lead. If you think you may have elevated lead levels in your home drinking water, have it tested. Call the Safe Drinking Water Hotline at 800-426-4791 for more information.
6. Get your child's blood tested. If you are concerned about exposure to lead, contact your local health department or health care provider to find out how you can get your child tested.
7. Identify and replace plumbing fixtures containing lead. Brass faucets, fittings, and valves, including those advertised as "lead-free", may contribute to lead in your drinking water. The law currently establishes the definition for "lead-free" as the weighted average of 0.25% lead calculated across the wetted surfaces of a pipe, pipe fitting, plumbing fitting, and fixture and 0.2% lead for solder and flux. Visit the NSF International website at [www.nsf.org](http://www.nsf.org) to learn more about lead-containing plumbing fixtures.

### **What Happened? What is Being Done?**

The 90th percentile of Lead was detected at 0.018 mg/L, which exceeds the action level of 0.015 mg/L for Lead.

CSWR – Florida is conducting a corrosion control study to determine the best way to treat the water to minimize lead exposure. Additionally, CSWR – Florida has already undertaken the lead service line inventory, a project to determine the material of all service lines throughout the system. We will continue our efforts to identify and minimize the source of lead.

### **For More Information**

For more information on reducing lead exposure around your home/building and the health effects of lead, visit the United States Environmental Protection Agency's website at [www.epa.gov/lead](http://www.epa.gov/lead), visit the Florida Department of Environmental Protection's lead in drinking water website at <https://floridadep.gov/water/source-drinking-water/content/monitoring-lead-and-copper-florida-drinking-water>, or contact your health care provider.

Public Water System Name and State Water System ID: Winding Waters PWS ID 3424691